

## Mental health and wellbeing - Quiz

1. According to the National Survey of Health and Wellbeing, what proportion of adults in England have a common mental disorder?
  - a) One adult in six
  - b) One adult in twelve
  - c) One adult in twenty
  - d) One adult in four
2. According to Equality Challenge Unit's 2017 statistical report, what proportion of students disclosing a disability disclosed a mental health condition?
  - a) 5.9%
  - b) 9.0%
  - c) 17.5%
  - d) 32.7%
3. According to 2017 research from HEPI and UNITE Students, what percentage of applicants with a mental health condition have - or intend to - declare it with their university?
  - a) 24%
  - b) 37%
  - c) 43%
  - d) 50%
4. According to the 2017 HEA-HEPI Student Academic Experience Survey what percentage of students described themselves as having either very low levels of anxiety or none at all?
  - a) 19%
  - b) 41%
  - c) 21%

5. What do students report as the primary cause of stress, according to a YouGov 2016 survey?
- a) Finding a job after university
  - b) family
  - c) Friends
  - d) Study/assignments
6. According to the 2017 HEA-HEPI Student Academic Experience Survey what percentage of Black students said they have sufficient access to academic staff outside class?
- a) 14%
  - b) 18%
  - c) 21%
7. The annual release by the UK Higher Education Statistics Agency shows the percentage of young full-time first degree entrants in England not continuing in HE after their first year is currently
- a) 33%
  - b) 5.9%
  - c) 6.1%
  - d) 6.4%
8. According to the 2017 HEA-HEPI Student Academic Experience Survey what percentage of Business and Administrative Studies students say they would have chosen another course if they could choose again?
- a) 33%
  - b) 41%
  - c) 17%
  - d) 27%
9. Who was the winner of the 2018 Mental Wellbeing in Higher Education group (MWBHE) Education student award?
- a) Helena Miles
  - b) Jack Roby
  - c) Ellisiv Clarke